Choosing to Love" Module presented

- By a team of trained facilitators who recognise the goodness and dignity of each student.
- In large and small group situations.
- With boys and girls given the freedom and security to discuss and challenge information and values by working in separate groups, with a facilitator unknown to them.
- In a format which allows students to formulate their own views within a guided framework.

FOR sexuality is an enrichment of the whole person - body, enotions and soul - and it manifests its inmost meaning in leading the person to the gift of self in love.

(Familiaris consortio 37)





Leaders In Fertility Education

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LOVING FOR LIFE"

Relationships Program based on Christian Sexuality

Choosing to Love



That human beings are created to know God, flourish, grow and to be happy.

That happiness is found in Gods plan for human sexuality.

- To encourage self respect and respect of others.
- To encourage responsible attitude to sexual behaviour.
- To understand and value the gift of fertility.
- choice which will lead to health and happiness.
- To have the self esteem and courage to adhere to Christian values within a secular world.
- To encourage the choice of a lifestyle that integrates the emotional, social, intellectual, physical and the spiritual aspects of human nature.



Happiness: sacked dream Identify their sacred dream: to know God, to flourish, grow and be happy.

Foetal Development Focus on their own unique life before birth.

FERTILITY
A factual look at male and female fertility.

Unplanued Pregnancy
Realise that abortion destroys a fully human baby. Discuss all the issues surrounding an unplanned pregnancy.

Sexually Transmitted Infections Provide information based on medical facts and current statistics.

MEdia

Evaluate how the media presents sexuality. Understand how the media message distorts their sacred dream.

FRIENdships: choosing to love Discover the characteristics of true friendship.

Dating BEHAVIOUR

Discuss typical scenarios and experiences encountered by young people. Appreciate the need to respect their dating partner and realise that appropriate sexual behaviour will have long term benefits.

Marriage

Appreciate that intercourse is the special language of married love, which demands a permanent commitment (love that is: faithful, fruitful, free and total).

My Future Looking Forward: sacred dream A time for reflection on the choices they will need to make to achieve happiness.